



Arlene T. Smyntek

October 11, 1934 - August 7, 2015

SMYNTEK, Arlene T. – August 7, 2015; loving mother of Kim Hauptman, Lisa (Jim) Loffredo and the late Tracy Hauptman; cherished grandmother of Sydney, Julie, Courtney, Danielle, Arielle, Tara, Eric and Carly; great-grandmother of Trenton, Eliza, Amelia and Macey; survived by sister Eleanor Nawrocki and many nieces and nephews. A funeral service will be held Tuesday at 10AM at the DANIEL R. SMOLAREK FUNERAL HOME 2510 Union Rd., Cheektowaga (2 blocks south of William St.). Interment St. Matthew's Cemetery. The family will be present to receive relatives and friends Sunday from 7-9PM and Monday from 2-4 & 7-9PM. Arlene was a LCSW-R who had a private practice specializing in Mind/Body Psychotherapy. Leave condolences and share memories at SmolarekCares.com.

Cemetery Details

St. Matthews Cemetery

180 French Road
West Seneca, NY 14224

Previous Events

Visitation

AUG 9. 7:00 PM - 9:00 PM (ET)

Daniel R. Smolarek Funeral Home - Cheektowaga
2510 Union Road
Cheektowaga, NY 14227
(716) 668-3122
<https://smolarekfh.com/>

Visitation

AUG 10. 2:00 PM - 4:00 PM (ET)

Daniel R. Smolarek Funeral Home - Cheektowaga
2510 Union Road
Cheektowaga, NY 14227
(716) 668-3122
<https://smolarekfh.com/>

Visitation

AUG 10. 7:00 PM - 9:00 PM (ET)

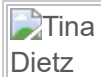
Daniel R. Smolarek Funeral Home - Cheektowaga
2510 Union Road
Cheektowaga, NY 14227
(716) 668-3122
<https://smolarekfh.com/>

Service

AUG 11. 10:00 AM (ET)

Daniel R. Smolarek Funeral Home - Cheektowaga
2510 Union Road
Cheektowaga, NY 14227
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Tribute Wall

 Tina
Dietz

“ I just found out that Arlene passed away last August, and I'm saddened deeply, but for my part I can say that without Arlene I would not have the life I have now. Arlene was more than a therapist to me, she was a mentor and a role model as well. She showed me and taught me more about myself than I could ever have imagined. I am endlessly grateful for her compassion, her skill, her intuition, and her firm but gentle guiding voice. Arlene made a difference in the lives of thousands of people, including myself and the lives of my family, through her therapeutic work. That legacy will have ripple effects for generations to come.

Tina Dietz - April 11, 2016 at 07:20 PM



“ Peaceful White Lilies Basket was purchased for the family of Arlene T. Smyntek.



August 09, 2015 at 12:07 PM



“ Beautiful in Blue was purchased for the family of Arlene T. Smyntek.



August 09, 2015 at 11:51 AM

AG

“ My latest memory was at Eric's highschool grad party at the park . I can only say that I share the joy and happiness that your mother had that day . So proud of her kids and happy to be around everyone. Being a mother is hard work but also comes with the best reward of all. Unconditional love.

anita groh - August 08, 2015 at 09:00 PM

MB

I was a client of Arlene's for five years. We were also close friends. She was an accomplished therapist, quickly grasping whatever my struggle was, and lead me down a better path. I completely trusted her gentle ways and sincerity. I also loved her great sense of humor. She reshaped my life. I miss you so very much Arlene.
Margo

Margo Banatti - August 09, 2015 at 10:48 AM